



#YouMatterBCSD

A DISTRICT-WIDE INITIATIVE TO BRING MENTAL HEALTH SERVICES TO EMPLOYEES THROUGH A PARTNERSHIP WITH HOPE PERFORMANCE SYSTEMS

All BCSD employees are welcome to attend an in-person or virtual peer group session facilitated by Hope Performance Systems. These sessions, provided at no cost, will introduce the person-centered approach to mental and behavioral health care provided by Hope Performance Systems.

With a focus on reaching and maintaining optimal mental health, Hope Performance Systems treats symptoms rather than disorders. Diagnoses do not define individuals, that's why Hope Performance Systems offers assessments and choices for clients and families seeking counseling.



DATE	TIME	LOCATION
January 27	4:00 pm	BCHS (virtual option will be available)
February 3	4:00 pm	BLHS (virtual option will be available)
February 10	4:00 pm	BHS (virtual option will be available)
February 17	4:00 pm	HHIHS (virtual option will be available)
February 24	4:00 pm	WBECHS (virtual option will be available)
March 3	4:00 pm	MRHS (virtual option will be available)

Payment for services can be billed to your insurance, or through a special cash-rate discount available to BCSD employees and family members. Price lists will be distributed at the sessions listed above. A list of insurers can be found on our website at <http://bit.ly/3sGF03J>.



About Hope Performance Systems - HPS is a local and Veteran-owned business that is vested in our community. HPS is an empirical-based clinical practice employing an integrative approach to overall health.



A PARTNERSHIP WITH THE BEAUFORT COUNTY SCHOOL DISTRICT